

eva cwynar m.d.

Endocrinology and Anti-Aging Metabolic Specialist

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### **Meet Dr. Eva Cwynar**

Physician, researcher, educator, wife, mother and friend. With a sub-specialty in Endocrinology and Metabolism as well as a specialty in Internal Medicine, Dr. Cwynar is a woman of many philosophies and countless wisdoms which she generously shares with her patients and with audiences the world-over.

Born in Poland, her family immigrated to the United States when she was a child. Her exposure to both European cultures and American ideals helped to form her early outlook of healing from various angles. Having a mother who is a pediatrician also had a profound effect on her future career choice, as well as her overall approach to life.

Cwynar grew up in New York City. She attended Lehigh University in Pennsylvania where she graduated Magna Cum Laude in 1981 with a bachelor's degree in Natural Sciences and Biochemistry.

While completing her training at SUNY Downstate Lutheran Medical Center in New York, Cwynar embraced her love of human chemistry and began her focus of treating patients with conditions affecting and aggravated by hormonal and nutritional issues. Her specialty in endocrinology was born, and she subsequently received her Fellowship in Endocrinology and Metabolism at New York University School of Medicine. In 1993, she set up her home and her medical practice in Southern California.

Renowned for her expertise in hormone replacement, fatigue, energy, insulin resistance, menopause, PMS, hair loss and even weight gain, Cwynar has established a simple philosophy: Pay attention. As such, she will go through any and all necessary steps in order to develop the ideal treatment or program for each individual patient. By addressing a person's specific life details, she is able to truly get to know her clients. It is this personal approach that results in an intimate quality of care.

Impeccable credentials. A dedicated world-view of both life and medicine. A commitment to better health for all. This is Eva Cwynar, MD, a forward-thinking woman with advanced skills, knowledge and wisdom, practicing in Beverly Hills; an Associate Attending Cedars Sinai Medical Center and an Assistant Clinical Professor of Medicine at UCLA. She regularly serves on panels and as a medical expert for several pharmaceutical companies, has written for numerous publications, delivered speeches and often appears as an expert on television.

Respected by colleagues and patients alike, Cwynar has received several honors and distinctions, including California's Doctor of the Year, Top Thyroid Doctor of Beverly Hills and one of the Top 100 Doctors in the World.

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